

[Courses coming up in February and March:](#)

**Motivational Interviewing** – Thu 9<sup>th</sup> February – David Lloyd - *This one day course introduces the core concepts and skills of the motivational approach, specifically looking at how they can be applied in GP consultations. A popular day led by Dr Chris Johnstone.* **Free** to members, **£50** non members.

**Sports Medicine** – Thu 23<sup>rd</sup> February (pm) – Engineers' House – **new course in 2012** – *will include running injuries with Donna Sanderson.* **Free** to members, **£50** non-members.

**Immunology & Haematology** – Mon 27<sup>th</sup> February – Engineers' House – **new course in 2012** – *educators will include Mark Gompels, Joe Unsworth and Peter Greenhouse.* **Free** to members, **£100** non members. **Course full, but waiting list available.**

**Appraisal & Revalidation** – Thu 1<sup>st</sup> March (evening) – Engineers' House – *will provide an update on what you now need for a successful appraisal and the latest information about revalidation, which starts later this year. Led by Geoff Hogg and Harry Minas, both experienced local appraisers.* **Free** to members, **£50** non-members.

**Paediatrics & ENT** – Wed 7<sup>th</sup> March – Engineers' House – *will include paediatric obesity and diabetes, meningitis and common ear problems in children, and sinusitis.* **Free** to members, **£100** non members. **Course full, but waiting list available.**

**Positive Psychology** – Wed 14<sup>th</sup> March – David Lloyd - *includes links between positive mood and positive health, evidence-based interventions to improve mood, communication linked by research with good relationships, psychological resilience based on learnable skills...* **£50** to members, **£100** non members.

**Mindfulness & Yoga** – Mon 19<sup>th</sup> March – Helios – **new course in 2012** - *a taster of what Mindfulness is and how its techniques can significantly improve wellbeing. Led by Julia Wallond, a GP who has trained extensively in Mindfulness accompanied by yoga teacher Caroline Lang.* **£40** to members, **£75** non members.

**Musculoskeletal Medicine** – Tue 27<sup>th</sup> March – Engineers' House - *will include practically-orientated sessions on back, shoulder and elbow, hand and wrist, knee and hip and pain management.* **Free** to members, **£100** non members

[GP Care](#)

We are pleased to announce that GP Care has agreed to sponsor some of our events through 2012. In addition to providing a range of community-based clinical services to NHS and private patients, GP Care also provide business support services to GP practices including payroll bureau and HR consultancy services which are complementary to our own training services. We look forward to working with them. More information on GP Care is available on their website: <http://www.gpcare.org.uk>

[Creative Writing](#)

The Creative Writing for GPs group will start again shortly. We are now meeting on a Wednesday evening each month. All are welcome to come along and try it out. Please see separate mailing for more information, or contact Jo Hennessy ([jhennessy@cix.co.uk](mailto:jhennessy@cix.co.uk))

[Membership](#)

£200 Sessional / £220 Partner

£180 Practice Member (per GP where a practice joins) / £100 Practice Nurse

Membership entitles you to attend up to 6 'core' courses (4 'core' courses for a practice nurse).

As in 2011 there will be the creative writing group, free 1:1 tutorials & free practice based sessions.

Members can come to any number of 'additional' courses at the reduced member rate.

---

If you would like further information about any of the above, or if you would like to join the CPD Scheme, please email Jo Hennessy [jhennessy@cix.co.uk](mailto:jhennessy@cix.co.uk) or Ali Baron [ali@bristolgpeducation.co.uk](mailto:ali@bristolgpeducation.co.uk), or print a registration form: [http://www.bristolgpeducation.co.uk/join\\_us.php](http://www.bristolgpeducation.co.uk/join_us.php)

## Bristol GP Education 2012 Programme

Event	Date	Time	Course	Venue	Notes
CPR	Tue 24 <sup>th</sup> January	Eve	Core	Helios	
Hot Topics 'UJC' 1	Wed 1 <sup>st</sup> February	Day	Additional*	David Lloyd	£50/£85
Motivational Interviewing	Thu 9 <sup>th</sup> February	Day	Core	David Lloyd	
Sports Medicine	Thu 23 <sup>rd</sup> February	pm	Core	Engineers' House	<b>New</b>
Immunology & Haematology	Mon 27 <sup>th</sup> February WAITING LIST	Day	Core	Engineers' House	<b>New</b>
Appraisal and Reval	Thu 1 <sup>st</sup> March	Eve	Core	Engineers' House	
Paediatrics & ENT	Wed 7 <sup>th</sup> March WAITING LIST	Day	Core	Engineers' House	
Positive Psychology	Wed 14 <sup>th</sup> March	Day	Additional*	David Lloyd	£50/£100
Mindfulness & Yoga	Mon 19 <sup>th</sup> March	Day	Additional*	Helios	£40/£75
MSK medicine	Tue 27 <sup>th</sup> March	Day	Core	Engineers' House	
Medical Emergencies	Tue 24 <sup>th</sup> April	Eve	Core	Engineers' House	
Women's health	Fri 27 <sup>th</sup> April	Day	Core	Engineers' House	
Virology & Bacteriology	Mon 30 <sup>th</sup> April	Day	Core	Engineers' House	<b>New</b>
Child protection	Wed 2 <sup>nd</sup> May	Eve	Core	Helios	
Cardiology & Cardiovascular	Thu 10 <sup>th</sup> May	Day	Core	Engineers' House	
CKD and Urology	Tue 15 <sup>th</sup> May	Day	Core	Engineers' House	
Complementary medicine	Fri 18 <sup>th</sup> May	am	Core	Helios	<b>New</b>
Respiratory medicine	Wed 23 <sup>rd</sup> May	Day	Core	Engineers' House	
Neurology	Tue 29 <sup>th</sup> May	Day	Core	Engineers' House	
Expedition Medicine	Tue 12 <sup>th</sup> June	Eve	Core	Helios	<b>New</b>
Cancer & Pall. Care	Fri 15 <sup>th</sup> June	Day	Core	David Lloyd	
Diabetes & Endocrinology	Wed 20 <sup>th</sup> June	Day	Core	Engineers' House	
Hot Topics 'UJC' 2	Thu 28 <sup>th</sup> June	Day	Additional*	David Lloyd	£50/£85
Elderly Medicine	Mon 2 <sup>nd</sup> July	Day	Core	Engineers' House	
Oral medicine	Thu 5 <sup>th</sup> July	Eve	Core	Dental hospital	
Professional skills	Fri 7 <sup>th</sup> September	Day	Core	David Lloyd	
Mental health	Fri 14 <sup>th</sup> September	Day	Core	Engineers' House	
Focus & Planning Eve	Tue 18 <sup>th</sup> September	Eve	Core	Helios	
Newly Qualified Eve	Wed 26 <sup>th</sup> September	Eve	Core	David Lloyd	<b>New</b>
Dermatology	Fri 28 <sup>th</sup> September	Day	Core	David Lloyd	
Effective teaching skills	Tue 2 <sup>nd</sup> October	Eve	Core	David Lloyd	<b>New</b>
OOH & Emergency medicine	Tue 9 <sup>th</sup> October	Day	Additional*	Engineers' House	£50/£85
Sexual health & Reproductive medicine	Wed 17 <sup>th</sup> October	Day	Core	Engineers' House	
Ophthalmology	Thu 8 <sup>th</sup> November	Day	Core	TBA	
NLP & advanced Consultation skills	Mon 12 <sup>th</sup> November	Eve	Additional*	Helios	£40/£75
Rheumatology	Thu 15 <sup>th</sup> November	Day	Core	Engineers' House	
Liver and Gastro	Thu 22 <sup>nd</sup> November	Day	Core	Engineers' House	
Medico-legal issues	Tue 27 <sup>th</sup> November	am	Core	Engineers' House	
Self care	Fri 30 <sup>th</sup> November	Day	Core	Helios	
Paediatric Emergencies	Thu 6 <sup>th</sup> December	Day	Core	Engineers' House	<b>New</b>

Membership entitlement 6 'core' courses. Additional courses reduced cost to members  
 £\*/£\*\* members/non-members.

Non members 'core' courses cost £100 per day or £50 per half day or evening

To download a course booking form: [http://www.bristolgpeducation.co.uk/attending\\_a\\_course.php](http://www.bristolgpeducation.co.uk/attending_a_course.php)